

November 11, 2024

Greetings,

On behalf of the Trauma Regional Advisory Council V (TRAC-V), we are extending an opportunity to partner with you and your organization to provide mental health services to local EMS and First Responder personnel. TRAC-V is a 501(c)3 non-profit organization within the four county Rio Grande Valley and is the recognized Regional Advisory Council (RAC) by the Texas Department of State Health Services (DSHS). Our organization aims to improve the delivery of specialized healthcare services to citizens of the Rio Grande Valley through education, outreach, collaboration, and communication.

One of the projects our organization is embarking on is creating a resource hub for our region's EMS workers and First Responders struggling with mental health. The lack of mental health resources available for EMS personnel is a frequent topic of conversation at the TRAC-V monthly Pre-Hospital Committee Meeting that brings together senior administrative leaders and EMS Directors throughout the RGV to discuss issues affecting our region and the EMS industry. As you may well know, the traumatic experiences our frontline healthcare workers find themselves in happen on a frequent basis and their job requires them to be cool, calm, and collected while treating patients in life-or-death situations. Most of the time, there is no opportunity for our EMS personnel to process their experience and address it in a safe and healthy environment, leading to high turnover rates and increased strain on personnel and resources. As such, we are seeking partnerships with local clinicians and psychologists to provide pro-bono support to local workers that serve our communities.

If you would like to join our effort or have any questions, you may reach me at nathan@tsav.org or (956) 564-2882.

Respectfully,



Nathan Ramon, MPA

Executive Director, TRAC-V